



## STUDENT AND PARENT/GUARDIAN CONSENT AND EXPECTATIONS

Thank you for your interest in joining **Healthy Hair Matters Foundation (HHMF)**. In order to best serve you, we developed the Student and Parent/Guardian Consent and Expectations form. Along with our mission, vision, and core values, this will serve as a guide to ensure that you have the best experience possible. Please read over it carefully and completely fill in the required information. We look forward to serving you.



### PARTICIPATION REQUIREMENTS



1. A Parent/Guardian must be actively involved in the student's life.
2. Student must be in the 9<sup>th</sup> grade or entering the 9<sup>th</sup> grade upon admission to the HHMF program.
3. Student must have at least a C-status GPA. If their GPA is below a C-status at the time of submitting an application, student may be admitted to the program for a probationary period. The HHMF Board of Directors will make the final decision. Student must provide a copy of their first report card from the first semester and the first report card of the second semester. Copies due within 48 hours of receipt.
4. Student must submit a 16 Personalities profile, which can be found at **[www.16personalities.com](http://www.16personalities.com)**. The cost is free.
5. Student must write an essay of at least 250 words explaining why she wants to join HHMF. It must include a list of her goals and expectations of the program.



### LIFE SKILLS SEMINARS



1. Student must participate in the monthly life skills seminars, which are held September through May. Seminars are not scheduled for June, July, and August. If student misses more than one seminar, it may result in elimination from the program.
2. Student must write an essay of 100 words or more after each seminar. The essay should include, but is not limited to, what lessons and ideas were gained from the seminar. All essays must contain correct spelling and grammar and must be submitted within three (3) days of the seminar ending. For example: If the seminar is held on a Saturday, the essay is due on or before the following Tuesday by 5:00 p.m. Failure to do so will result in cancellation of hair care services for one (1) month. An additional week will be added for each day essays are late.

3. Student must arrive at least 10 minutes before seminars are scheduled to begin.
4. Based upon challenging situations that teenagers are facing on a daily basis, as well as requests from our girls to address some topics that are important to them, the student's Parent/Guardian will need to sign a waiver form in order for the student to participate in certain seminars. Examples of these topics include: suicide prevention, overcoming sexual assault, and how to avoid drugs. We feel that in light of the 'me too' movement, increase in opioid and drug use among teens, and the current suicide epidemic, it's important to address these issues with our girls. We want them to know that we support them in every area of life.

## **FREE HAIR CARE SERVICES**

1. Free HHMF sponsored hair care services are provided September through May of each year. Free hair care services are not available during the summer break – June, July, and August.
2. Students of parents with a combined total household income of \$40,000 or more do not qualify for the free bi-weekly hair care services. However, they can use an HHMF participating stylist and pay the discounted rate offered to HHMF.  
Note: The Parent/Guardian will be asked to submit proof of income, such as a copy of their most recent tax return.
3. All of our stylists provide healthy hair care services and they work diligently to nourish each girl's hair to HHMF standards. We strongly encourage our girls to continue receiving hair care services over the summer breaks. If services are discontinued and the hair is damaged, parents/guardians will have to cover any additional cost needed to nourish the hair back to HHMF standards.
4. Students with scheduled hair appointments must notify their stylist and the HHMF President if they're going to be late. When cancelling an appointment, the student's stylist must be notified at least 24-hours prior to the scheduled appointment. Failure to provide a timely cancellation notice will result in the full cost of the hair care service to be paid for by the student and parent/guardian. No additional appointments can be scheduled until the missed appointment has been paid in full. Multiple cancellations will result in removal from the hair care services portion of the program.
5. HHMF only covers the bi-weekly cost of shampooing, conditioning, blow drying, pressing, and trimming student's natural hair. If the parent/guardian chooses to get chemical-based hair treatments, the parent/guardian and stylist are individually responsible for payment and/or damage to the student's hair. HHMF assumes no financial responsibility and/or liability for any hair care services provided outside of the services listed. Hair damage caused by using chemical-based hair treatments (not administered by HHMF stylists) may also result in elimination from the hair care services portion of the program.



## ANNUAL FUNDRAISER



1. The Annual Fundraiser Dinner is held every August. We require that all of our girls and their parents/guardians attend.
2. We want to highlight and showcase our girls' naturally beautiful hair and the importance of healthy hair care services. Therefore, our girls cannot wear weave to the Annual Fundraiser Dinner.
3. A Parent/Guardian is required to purchase or sell at least two (2) tickets to the annual fundraiser. The monies are due at least one (1) week prior to the date of the event.  
Note: Student tickets are paid for by HHMF.



## MISCELLANEOUS



1. HHMF is a 4-year program and in order to receive the maximum benefits from the program students are expected to participate during all 4 of their high school years (9<sup>th</sup>- 12<sup>th</sup> grade).
2. HHMF has zero tolerance for gossiping, negative talking, and bullying. Violators will receive one (1) warning. Additional offenses will result in termination from the program.
4. Student must submit a copy of their first report card of the year (generally given out mid or end of November) and a copy of their final report card (generally given out in May for seniors and June for underclassmen). Copies of reports cards are due within 48 hours of being received by student. HHMF will obtain copies of each district's report card schedule.
5. Parent/Guardian must purchase their student at least one HHMF t-shirt to wear to HHMF events. T-shirts are currently \$25 each.
6. Parent/Guardian must provide transportation to and from salon appointments and HHMF mandatory functions.  
Note: It is our goal to provide you with a full calendar at the beginning of the school year. This allows for you to make needed transportation arrangements. However, in the event of emergency or unforeseen circumstances, dates and times are subject to change.
7. All students are encouraged to post about HHMF on their personal social media accounts. We encourage posting about lessons learned from the seminars, as well as 'selfies' when students receive hair care services. This will help other people learn about the program. Please tag HHMF on the posts and please use the hashtag **#HHMF**.
8. Final acceptance into the program is based solely on the approval of the HHMF Board of Directors.



**STUDENT AND PARENT/GUARDIAN CONSENT AND EXPECTATIONS SIGNATURE PAGE**

Student's Name (please print): \_\_\_\_\_  
Street Address: \_\_\_\_\_  
City/State/Zip: \_\_\_\_\_  
Student's Cell Phone Number: \_\_\_\_\_  
Student's Email Address: \_\_\_\_\_  
Student's School: \_\_\_\_\_  
Student's Career Interest(s): \_\_\_\_\_

Parent's/Guardian's Name(s) (please print): \_\_\_\_\_  
Relationship to Student: \_\_\_\_\_  
Parent's/Guardian's Cell Phone Number: \_\_\_\_\_  
Parent's/Guardian's Email Address: \_\_\_\_\_

Emergency Contact (in the event of an emergency and we cannot reach a parent/guardian):  
Name: \_\_\_\_\_ Number: \_\_\_\_\_ Relationship to student: \_\_\_\_\_

***Your signatures below indicate that you have read, understand, and agree with the Student and Parent/Guardian Consent and Expectations set forth by Healthy Hair Matters Foundation.***

Student's Name (please print): \_\_\_\_\_  
Student's Signature (please sign): \_\_\_\_\_  
Date: \_\_\_\_\_

Parent's/Guardian's Name(s) (please print): \_\_\_\_\_  
Parent's/Guardian's Signature: \_\_\_\_\_  
Date: \_\_\_\_\_

HHMF Representative's Name (please print): \_\_\_\_\_  
HHMF Representative's Signature: \_\_\_\_\_  
Date: \_\_\_\_\_





**HOT TOPICS – LET’S TALK ABOUT IT**

**PARENT CONSENT / WAIVER FORM**

Today’s teenagers are faced with incredible pressures. Whether it’s to be sexually active or experiment with drugs, they are being bombarded with these messages 24 hours, 7 days per week, and on almost every available communication platform – radio, television, social media, billboards, and magazines.

Numerous studies show that teenagers between the ages of 12 to 17 years old are also dealing with alarming rates of mental health issues. The Journal for Abnormal Psychology says there is a spike in sleep deprivation, clinical depression, distress, and suicidal tendencies. As a matter of fact, between 2014 and 2017, the rates in teen suicide increased 60%!

Healthy Hair Matters Foundation recently conducted a confidential survey of our girls/members. Unsurprising to our team, these were also some of the HOT TOPICS the girls asked us to discuss in upcoming life skills seminars.

We feel it’s our duty to address these HOT TOPICS with our girls. It gives us the opportunity to intervene with a positive and different message from what they’re receiving from negative outside influences.

Some of the HOT TOPICS we plan to discuss are: sex/abstinence, sexually transmitted diseases (STDs), sexual assault, domestic violence, mental health/suicide, and drug abuse.

We will have highly trained and knowledgeable professionals conduct the seminars, and members from our leadership team/Board of Directors will be present at all times.

**All students must have parental consent prior to participating in the HOT TOPICS seminars.**

*Please complete and sign this form.*

Student’s Name: \_\_\_\_\_

Parent’s Name (please print) \_\_\_\_\_

\_\_\_\_ I give permission for my student to participate in the HOT TOPICS life skills seminars.

\_\_\_\_ I do not give permission for my student to participate in the HOT TOPICS life skills seminars.

Parent’s Signature \_\_\_\_\_ Date: \_\_\_\_\_